

# SIMPLE WALNUT TACO MEAT



## **INGREDIENTS**

- 1 CUP ORGANIC WALNUTS RAW**
- 2 TBS ORGANIC COCONUT AMINOS OR TAMARI**
- 2 TSP ORGANIC GARLIC MINCED**
- 1 TSP ORGANIC CUMIN**
- 1 TSP ORGANIC CHILI POWDER**
- 1/4 TSP PINK SALT-ADJUST TO TASTE**

**1. PUT INGREDIENTS IN FOOD PROCESSOR & PULSE UNTIL IT LOOKS LIKE TACO MEAT CONSISTENCY—DO NOT OVER-DO-IT OR YOU WILL END UP WITH PASTE.**

**2. SERVE IN WRAP/TACO SHELL OF CHOICE (OR CREATE A SOUTHWEST STYLE BOWL). ADD YOUR FAVORITE TOPPINGS (LETTUCE, TOMATO, AVOCADO, CORN, ETC.) & ENJOY!!**